



# Gay Fathers of Sacramento

Issue No. 2

November 1996

## Glenn's Corner *'Reflections ... changes'*

By Glenn Holsonbake

For me, it is good sometimes to think back upon the past year or so. I realize upon this type of inward reflection how many changes have come about in my life in a short time frame. Today, I am happier inside than I have ever been in my life. While the daily challenges are different in dealing with homophobia, both internalized and within our society, honesty is so much more satisfying, I feel good about it.

I have met and been dating a wonderful man who is many things to me. First, he is my best friend with whom I have shared things I have shared with no other. He listens, provides a shoulder to lean on when I need it, and challenges me to really sort out my feelings. He appreciates me and my efforts, the little things I do for him. We explore together, play together, eat together, and enjoy all of those things we do each day.

My children have begun to be more comfortable with me, and the thought of me being with my boyfriend too. Time does have a way of healing in a somewhat magical way. The anger and hurt fades ever so steadily for all of us and is replaced by new hopes and dreams.

All of us need our network of friends and family as we come to grips with and face our life as gay, lesbian, bisexual, or transgender individuals. To suddenly accept minority status is a very brave act. All of us want to be loved and feel as though we belong. But as we experience the process of coming out to ourselves we realize something. We aren't alone, and with the support of those who care around us and the healing of time, each of us can look forward to happier, more fulfilling lives of dignity and honesty. I am proud to be gay and be able to love, feel, and experience what is truly natural for me with my best friend and soulmate. I never knew the heights my emotions could experience until now. Its absolutely wonderful. See you next Sunday.

### **Calendar**

**November 10**

**Gay Fathers meeting  
at Lambda Center  
at 6 p.m.**

**ELECTION OF NEW  
OFFICERS!**

**Gay Fathers of Sacramento  
Support Network  
PO Box 161951  
Sacramento, CA 95816-1951  
Phone: (916) 456-DADS (3237)**

## President's Corner

By Ed Callahan

Hope you will be able to attend the Nov. 10th meeting—it is time for election of officers for 1997.

Gay Fathers of Sacramento has had another good year, and we are poised to grow further and be there for the next generation of men coming out.

One area of growth is in our newsletter. Austin Lewis has volunteered to help with putting out the newsletter as part of a committee. Jerry and Glenn have each done the newsletter alone over the past three years, so the addition of some new blood to the task should be helpful for us as a group.

Any other volunteers to work on the task? Volunteering need not mean writing something for every issue -- everyone is encouraged to submit writing whenever you are so moved.

We all encounter intriguing insights into fighting homophobia as we move through our daily lives; those insights can help others here as well.

Holidays are coming up. Have you asked a new member if they have a place to go for Thanksgiving? Hope your Thanksgiving will be a real good one!